

Allergy Medications To Avoid Before Your Visit

You must discontinue the following medications:	Days off:
ALLEGRA (Fexofenadine)	7 days
ASTELIN / ASTEPRO NASAL	48 hours
CLARINEX	7 days
CLARITIN (Loratadine)	7 days
ZYRTEC (Cetirizine)	7 days
XYZAL	7 days
ALAVERT	7 days
PATANASE NASAL SPRAY	48 hours
ALL OTHER ANTIHISTAMINES including PYRILAMINE, BENADRYL/DIPHENHYDRAMINE, CHLORPHENIRAMINE, BROMPHENIRAMINE, ETC.	48 hours
ZANTAC, TAGAMET, AXID, and PEPCID	24 hours
BETA - BLOCKERS	Stop morning of testing
TYLENOL PM (Advil PM, ETC.) Non-PM OK to take	48 hours
AMITRIPTYLINE (ELAVIL, TRYPTIZOL, LAROXYL, SAROTEX, LENTIZOL)	48 hours
TRICYCLIC (AMOXAPINE, DESPIRAMINE, NORPRAMIN, DOXEPIN, MAPROLMIPRAMINE, TOFRANIL, TOFRANIL-PM, TILINE NORTRIPTYLINE, PAMELOR, PROTRIPTYLINE, VIVACTIL, SURMONTIL)	48 hours

**You may continue to take all other medications, including antibiotics, decongestants, any inhalers and steroid nasal sprays.